Power Thoughts *by Joyce Meyer*

**12 Strategies to Win the Battle of the Mind**

**I can do whatever I need to do in life through Christ**

**God loves me unconditionally**

**I will not live in fear**

**I am difficult to offend**

**I love people and I enjoy helping them**

**I trust God completely; there is no need to worry**

**I am content and emotionally stable**

**God meets all my needs abundantly**

**I pursue peace with God, Myself and Others**

**I live in the present and enjoy each moment**

**I am disciplined and self-controlled**

**I put God first in my life**