SEAN SMITH
Be.Do.Live.

Weekly Tracking Sheet

Date:_____

Activities we Control	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Wkly Goals	Wk Totals
Calls									
Customer									
Prospect									
Booking									
Coach Hostess									
Coach Unit									
Lead Generation									
Facial Box Conversation									
Water Flowers (Compliments)									
Table/Booth									
Showing Up									
Success Meeting									
Training Event									
Positive Programming									
Physical Exercise									
Mirror Exercise									
Nourish: Read Cds									
Daily Goals									
Daily Totals:									

								Date:	
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