

Creating Your Personal Affirmations

- 1.** USE THIS AS YOUR NEW DAILY AFFIRMATION AND FILL IN THE BLANKS TO MAKE IT PERSONALIZED.
- 2.** TAPE RECORD YOURSELF SAYING THIS AFFIRMATION 5 TIMES, AND EACH MORNING LISTEN TO YOUR TAPE AT LEAST ONCE.

■ AM POWERFUL!!

■ AM COMMITTED, NOT JUST INTERESTED IN MY CAREER, THEREFORE, I WILL ALLOW NOTHING AND NO ONE TO STAND IN MY WAY OF EARNING _____.

■ WILL FEEL LIKE _____ WHEN I CROSS STAGE AT SEMINAR AS A BRAND NEW _____.
MY BIGGEST OBSTACLE IN THE PAST HAS BEEN _____. HOWEVER, THIS NO LONGER WORKS FOR ME, BECAUSE I REALIZE THIS IS JUST AN EXCUSE. CANCELLATIONS AND POSTPONEMENTS ARE NO LONGER A PROBLEM FOR ME BECAUSE I AM A MASTER BOOKER, AND WILL FILL THOSE EMPTY SPOTS.

■ HAVE 10 CLASSES ON MY BOOKS AT ALL TIMES BECAUSE I AM MASTER BOOKER!! I BOOK AT LEAST 2 CLASSES AT EACH CLASS. I AM A WARM CHATTER MACHINE.

■ AM INTIMIDATED BY NO ONE, BECAUSE I KNOW THEY WANT WHAT I HAVE TO OFFER THEM THOUGH MARY KAY. I OWE IT TO THEM TO AT LEAST OFFER. THEY ARE EITHER SETTLING FOR LESS THAN THEY WANT OR SACRIFICING THEIR LIFE OR FAMILY TO GET WHAT THEY WANT.

■ AM A POWER START QUEEN.

■ WILL DO WHATEVER IT TAKES THESE NEXT 6 MONTHS SO THAT MY FAMILY AND I CAN DO WHATEVER WE WANT FOR THE REST OF OUR LIVES.