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Characteristics of Committed People

Have you committed to your dreams or are you still talking about them?

The answer to this question will make the difference between living your dreams today or one fictitious day in the future.

So what's keeping you from making the commitments necessary to live your dreams? Are you feeling overwhelmed? Are you afraid to take on more things to do? Are you unable to try again because you were unsuccessful in the past?

All these things are reasons that keep you stuck in one place and give you permission not to try again. You don't know what you can accomplish until you give it a shot. You have no idea how powerful you really are. If you really let that in, you would be unstoppable.

But what do you do? The answer is simple. You say what you are committed to, then you go for it! This is how your dreams become reality versus this unaccomplishable thing that only happens to other people.

So, how can you get committed? See the characteristics of committed people below:

1 Committed People Make Commitments

They stick with their commitments because they said they would. Words such as maybe, should, or can't are absent from their vocabulary.

2 Committed People Believe They Can Fulfill Their Commitments

They can visualize the finish line and believe they will accomplish their goal. Because their beliefs are so strong, not accomplishing their goal isn't even part of the equation.

3 Committed People Say What They Are Committed To

They bring their dreams into reality simply by using the power of language. It's amazing what they accomplish once they say their commitments out loud.

4 Committed People Invest In Their Commitments

They invest their time, money, and energy into their commitments. Their commitments become so important that they rework their lives around them.

5 Committed People Are Realistic About Their Commitments

They give themselves permission to explore different avenues and are nice to themselves along the way. Sure, there may be setbacks, but mistakes are viewed as opportunities rather than something to avoid at all costs.

6 Committed People Form A Bond With Their Commitments

Their commitments become a part of who they are, not something they are trying to accomplish on the side. This approach makes their commitments fun and not something that they "have to" or "should" be doing.

7 Committed People Are Passionate About Their Commitments

Their passion touches, moves and inspires others around them. This passion carries them through to the end.

So make the commitments necessary to live your dreams and don't stop along the way! In return, you will discover that you have the freedom and power to make your dreams a reality.

And, isn't this the reason you got out of bed today?